



Camp Y-Koda

Outdoor Skills & Education

Sheboygan County YMCA

Team Challenge Ropes Course Release Form

Participant's Name: _____ Age: _____

Address: _____

Telephone: _____ Date of Ropes Course Usage: _____

Supervisor's Name: _____

Please list any mental or physical conditions which may need to be considered by the Camp Y-Koda Ropes Course Staff for participation in the Ropes Course.

Per the Camp Y-Koda Team Challenge Ropes Course Policy and Procedures Manual, the following are limitations to participate on the Ropes Course:

- *Participants must be at least 10 years of age.*
- *People with heart conditions and/or high blood pressure need to have a doctor's written consent.*
- *Pregnant women are not allowed to participate.*

I understand that the Team Challenge Ropes Course Program at YMCA Camp Y-Koda requires physical actions such as: climbing, balancing and lifting. I understand that at all times my participation on the course is my own choice and I, at all times, have the option to pass on an element, as I will not be forced to do anything – this is referred to as "Challenge by Choice."

Ropes Course participants hereby agree to waive any claim for liability against the YMCA arising out of the use of the Ropes Course and Camp facility and further agree that they will indemnify and save harmless the YMCA from any and all claims of every kind and description which may be brought against the YMCA on account of death, injury, or damage to persons by reason of the acts or omissions of the users in their use of Camp Y-Koda. Specifically, the Sheboygan County YMCA will not be held responsible for participants not following directions or not specifically adhering to all defined rules and for any incident occurring because of any unknown physical conditions of participants.

Participant's Signature

Parent/Legal Guardian Signature

If participant is under 18 years of age, parent or legal guardian must sign above